

The Valley Nursery & Kids Club

SPRING/SUMMER MENU : WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST Served Daily : A Wide Selection of Cereals, Dry Fruits, Wholemeal Toast & Spreads

AM SNACKS INCLUDE : Choice of 2 Fresh Fruits OR Vegetable Sticks & Dips



LUNCH

Sweet & sour chicken

Toad in the hole & Mash

Lasagne Lattice

Fresh meatballs in tomato sauce

Chicken dinner

Sweet corn & wedges

Mixed vegetables

Potatoes & greens

With pasta shells

Chunky potatoes with peas

Summer rice pudding and puréed apple



Cornflake cake and ice-cream



Strawberry cheesecake



Fruit trifle



Peach crumble & cream



PM SNACKS INCLUDE : Choice of 2 Fresh Fruits OR Vegetable Sticks & Dips



TEA

Beans on toast

Tuna & sweet corn pasta

Ham pizza

BBQ stacked beef burger

Various sandwiches



Tiger bread

Sweet corn & coleslaw

Croquettes & cherry tomatoes

Vegetable sticks

Fresh fruit platter

Blueberry muffin

Fruit milk shake



Homemade gingerbread



Cupcake

The Valley Nursery & Kids Club

SPRING/SUMMER MENU : WEEK 2

MONDAY

TUESDAY

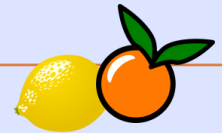
WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST Served Daily : A Wide Selection of Cereals, Dry Fruits, Wholemeal Toast & Spreads

AM SNACKS INCLUDE : Choice of 2 Fresh Fruits OR Vegetable Sticks & Dips



LUNCH

Bolognaise

Cottage pie

Chicken, Yorkshire
pudding & Roast
potatoes

Seasonal grilled
sausage

Corned beef pie &
potato sticks

Cous cous and
sweetcorn

Green beans

Mixed vegetables

Mash potatoes &
beans

Mushy peas or whole
peas

Ice-cream & fruit

Fruit crumble &
cream

Chocolate Crunch
with Banoffee angel
delight

Jam tart with chilled
custard topping

Bread & butter
pudding with custard



PM SNACKS INCLUDE : Choice of 2 Fresh Fruits OR Vegetable Sticks & Dips



TEA

Chicken & sweet
corn pasta

Chicken goujons &
sweet potato
wedges

Cod fishcakes &
potato croquettes

Valley picnic

Hot dog with
spaghetti hoops &
wedges

Garlic bread



Peas



Carrot sticks



Cherry tomatoes



Fromage frais

Orange cake










Flapjack

Milk iced lolly

Angel cake

The Valley Nursery & Kids Club

SPRING/SUMMER MENU : WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST Served Daily : A Wide Selection of Cereals, Dry Fruits, Wholemeal Toast & Spreads					
AM SNACKS INCLUDE : Choice of 2 Fresh Fruits OR Vegetable Sticks & Dips					
LUNCH	Sausage casserole & Mash Broccoli  Arctic roll & mandarins	Mince with dumplings Broccoli & carrots Manchester tart 	Chicken Kiev & mash Peas & cheese sauce Pineapple upside-down & ice-cream 	Fish & chips Peas & sweet corn Raspberry cheesecake 	Chicken with pasta Sweet corn Fruit crumble & cream 
	PM SNACKS INCLUDE : Choice of 2 Fresh Fruits OR Vegetable Sticks & Dips				
TEA	Fish fingers & potato croquette Beans Iced sponge cake 	Mild chicken curry & cous cous Naan bread Fruit lolly 	Ravioli on toast Mixed fruit salad 	Ham, pasta Sweet corn & coleslaw Yoghurts 	Various wraps Cucumber sticks & coleslaw Chocolate cupcake 